

MORNING TEA FROM 10AM

Variety of homemade

Fruit Scones €1.80

Pastries €2.50

Desserts from €5.25

LUNCH MENU 12 NOON – 4PM

Homemade Soup of the day – Served with freshly baked brown bread €4.50

Rowan Tree Roasted Red Pepper & Tomato Soup – House speciality soup served with homemade brown bread (V) €5.00

Fish Cakes – with mixed leaves and house dressing €5.95

Bruschetta Classica - Toasted ciabatta topped with tomatoes, garlic and basil (V) €4.50

Caprese – Buffalo mozzarella, beef tomatoes and fresh basil drizzled with olive oil and balsamic vinegar €5.95

Caesar Salad – Baby gem lettuce, garlic croutons, parmesan shavings and our own Caesar dressing (V) €5.50 *(with smoked bacon & grilled chicken add €2.00)*

Insalata di Tonno – Tuna, rocket, shallots & cherry tomatoes drizzled with olive oil and balsamic vinegar €6.95

Grilled Goats Cheese – Bluebell honey and garlic goats cheese, roasted cherry tomatoes & rocket leaves drizzled with house dressing & basil pesto (V)(N) €5.95

Warm Garlic Mushrooms – Breaded mushrooms stuffed with garlic cream cheese served on a bed of mixed salad leaves, and garlic aioli dip (V) €6.25

Antipasto Misto – Selection of Italian meats, cheese and roasted Mediterranean vegetables €8.95

Antipasto Vegetariano – Selection of cheeses & roasted Mediterranean vegetables €7.95

Spicy Chicken Wings – Spicy marinated chicken wings coated in our very own sweet chilli butter €5.95

Homemade Beef or Vegetarian Lasagne – Italian classic homemade lasagne served with side salad and a choice of fries or wedges (V) €7.95 / €9.95

Penne alla Contadina – Penne pasta with roasted Mediterranean vegetables infused in a garlic & cream sauce (V) €6.95 *(also available with grilled chicken add €2.00)*

Penne alla Gamberetti della tigre – Penne pasta and grilled tiger prawns infused in a spicy tomato and chilli sauce with fresh basil €8.95



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www.rowantreecafebar.ie

Tagliatelle Carbonara – Tagliatelle with mushrooms, pancetta, cream, black pepper and parmesan cheese
€8.95

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PIZZAS

Optional extras €1.00 – jalapenos, olives, fresh chillis, sun blushed tomatoes

Margherita – Classic Italian pizza, combination of fresh tomatoes, mozzarella, basil and oregano (V) €9.95

Pollo Verdure – Torn chicken breast with roasted Mediterranean vegetables drizzled with fresh basil pesto (N) €11.95

Americano – Classic margherita topped with pepperoni €10.95

Formaggio di Capra – Tomato and mozzarella with goats cheese, pine nuts and fresh basil pesto (V)(N) €11.95

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SANDWICHES & WRAPS

Garnished with our house salad

Marinated chicken breast with lettuce, garlic mayonnaise, spring onion and cheddar cheese in a plain or tomato wrap €6.95

Focaccia bread with parma ham, mozzarella cheese, beef tomato and rocket drizzled in olive oil €6.95

Caprese – Buffalo mozzarella, beef tomato and fresh basil pesto in a toasted ciabatta (V) €5.95

Tuna, mayonnaise, shallots and cheddar cheese in a plain or tomato wrap €5.95

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SIDE ORDERS

Insalata Mista (House salad) €2.50

Chips €2.50

Wedges €2.50

DESSERTS

Our deserts are homemade on the premises daily & are served with a choice of fresh whipped cream or ice cream

Tiramisu €5.95

Warm Double Chocolate Brownie with Linalla vanilla ice cream (N) €5.95

Apple & Berry Crumble served with crème Anglais €5.50

Toblerone Cheesecake €5.95

Selection of Linnalla Ice cream – Fresh Irish Ice cream produced in the heart of the Burren €5.25

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BAMBINI – LITTLE ONES

Soup of the day €2.00

Spaghetti with meatballs in a tomato and basil sauce €5.00

Kiddies pizza – margherita or pepperoni €5.00

Gnocchi – potato dumplings in a tomato and basil sauce €4.00

Tagliatelle carbonara €5.00

Penne pasta with homemade tomato sauce €5.00

Selection of Linalla Ice cream €3.00

Bambinocino – A little cup of hot milk & chocolate for the kids, like a cappuccino without the coffee €1.50

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Our dishes are prepared fresh daily on the premises by head chef Bobby O'Donoghue and his team.

Our food is sourced locally where possible, our beef and chicken is 100% produced in Ireland & fully traceable

(V) Vegetarian

(N) Contains nuts or nut oils. Any dish not carrying this symbol is made without nuts, but there's always a possibility that traces of nuts may be found. If you're sensitive or allergic to any of our ingredients, please ask for help. Also, please watch out for olive stones

All of our prices include VAT but do not include service.

Whether you decide to include is entirely up to you. However, we will ask for a discretionary 10% service charge for parties of 6 or more adults.